

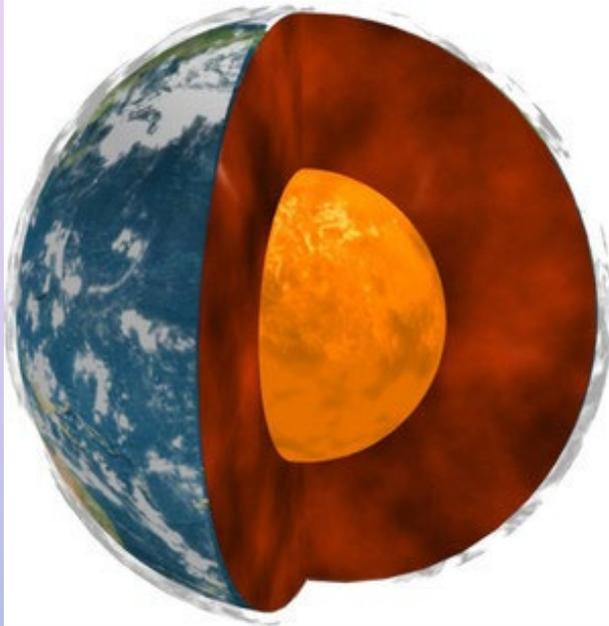
JUNE 2024 TIP OF THE MONTH

CORE CORRECTIONAL PRACTICES

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ICIS Interagency Council on
Intermediate Sanctions





What are the Core Correctional Practices (CCP)

Identified in the 1980's

First introduced as a way to increase the therapeutic potential of rehabilitation efforts.

Evidence-based practices

Large body of research demonstrates that when used effectively, the CCPs lead to improved client outcomes, fewer technical violations and reductions in recidivism.

Framework composed of various skills

CCP focus on increasing the effectiveness of treatment interventions and the therapeutic potential of relationships between justice-involved individuals and correctional staff.

Focus on staff skill

One-on-one practices that correctional staff can use with justice-involved individuals to be more effective at changing behavior and reducing recidivism.

Designed to:

- Develop collaborative relationships
- Enhance motivation
- Support skill building
- Promote behavioral change

SKILLS (GENERALLY INCLUDES)

- QUALITY INTERPERSONAL RELATIONSHIPS
- PROSOCIAL MODELING
- EFFECTIVE USE OF REINFORCEMENT
- PROBLEM SOLVING
- EFFECTIVE USE OF DISAPPROVAL
- EFFECTIVE USE OF AUTHORITY
- COGNITIVE BEHAVIORAL INTERVENTION TECHNIQUES



- **INTERPERSONAL RELATIONSHIP SKILLS** (EXAMPLE: COMMUNICATION STYLE)

(REFER TO TOM JANUARY 2023 AND JUNE 2023)

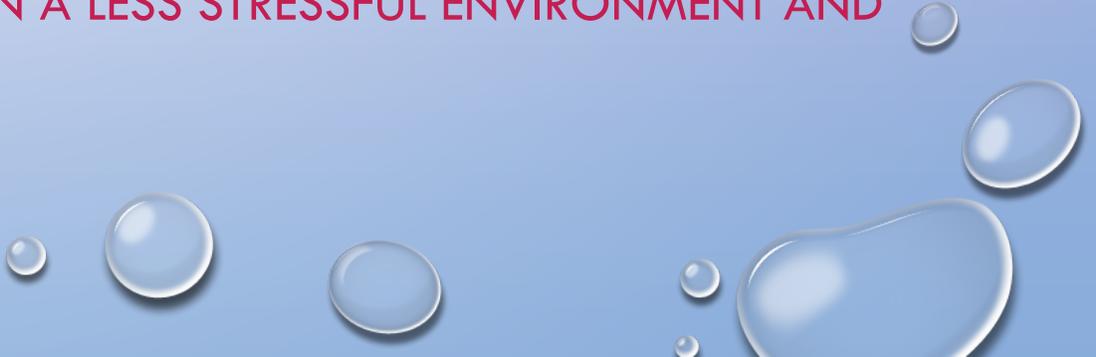
COMMUNICATION STYLES: PASSIVE, AGGRESSIVE, PASSIVE-AGGRESSIVE, AND ASSERTIVE

COMMUNICATION BREAKDOWN: OCCURS WHEN THERE IS FAILURE OR INTERRUPTION IN THE PROCESS OF EXCHANGING INFORMATION OR IDEAS BETWEEN TWO OR MORE PEOPLE.

REASONS SUCH AS MISINTERPRETATION, MISCOMMUNICATION, OR LACK OF COMMUNICATION CAN BE THE CAUSE.

- **PROSOCIAL MODELING** (EXAMPLE: ROLE PLAY)

THIS SKILL IS USED TO HELP CLIENTS EXPLORE POTENTIAL SCENARIOS WHERE THEY CAN PRACTICE NEWLY LEARNED SKILLS (PRO-SOCIAL SKILLS) IN A LESS STRESSFUL ENVIRONMENT AND ALLOWS FOR THE PRACTITIONER TO GIVE FEEDBACK.





- **PROBLEM SOLVING** (REFER TO TOM SEPTEMBER 2021 AND CBT CURRICULUM FOR MORE DETAILS)

PROBLEM-SOLVING SKILLS HELP CLIENTS DETERMINE THE SOURCE OF A PROBLEM AND FIND AN EFFECTIVE SOLUTION. THERE ARE STEPS TO EFFECTIVELY PROBLEM SOLVE.

- **EFFECTIVE USE OF DISAPPROVAL** (REFER TO TOM JUNE 2020, JUNE 2021 AND CCW CURRICULUM FOR MORE DETAILS)

OFFICERS COMMUNICATE DISAPPROVAL TO THE CLIENT FOR SPECIFIC BEHAVIOR AND EXPLAINS WHY THE BEHAVIOR IS UNDESIRABLE; THE CLIENT DESCRIBES THE SHORT AND LONG TERM CONSEQUENCES.



- **EFFECTIVE USE OF AUTHORITY** (REFER TO TOM APRIL 2020, FEB 2021 AND CCW CURRICULUM FOR MORE DETAILS)

OFFICERS MAKE EFFECTIVE USE OF AUTHORITY BY GUIDING CLIENTS TO COMPLIANCE BY DISCUSSING POSITIVE BEHAVIORS IN A DIRECT AND SPECIFIC WAY. STRUCTURED LEARNING OCCURS WHEN OFFICERS USE BEHAVIORAL STRATEGIES TO HELP PERSONS CONVICTED OF A CRIME LEARN PROSOCIAL BEHAVIORS AND HOW TO AVOID RISKY SITUATIONS. **ROLE CLARIFICATION IS ANOTHER SKILL USEFUL IN THE ONSET WITH CLIENTS** * REFER TO SEPTEMBER 2018 FOR MORE DETAILS.

- **EFFECTIVE USE OF REINFORCEMENT** (REFER TO TOM APRIL 2023 AND CCW CURRICULUM FOR MORE DETAILS)

IS A TEACHING SKILL THAT ENCOURAGES REPEATED POSITIVE BEHAVIOR BY REWARDING A POSITIVE ACTION WHICH CAN TAKE MANY FORMS INCLUDING VERBAL PRAISES.

- **COGNITIVE BEHAVIORAL INTERVENTION TECHNIQUES** (REFER TO CBT CURRICULUM FOR MORE DETAILS)

NUMEROUS SKILL EXERCISES ARE CONTAINED IN THE CBT CURRICULUM. PLEASE REFER TO YOUR MANUAL FOR A LIST OF COGNITIVE RESTRUCTURING AND COGNITIVE SKILL EXERCISES. THESE ARE USED TO 'ROLE-PLAY' WITH THE CLIENT TO ACHIEVE CONFIDENCE AND COMPETENCE IN THE ACTUAL USE IN THE CLIENT'S REAL LIFE.