

## *Interagency Council on Intermediate Sanctions*



**MAY 2021 EBP TIP OF THE MONTH**

**Spirit of Motivational Interviewing: Partnership**

# *Motivational Interviewing Spirit Elements*

- **PARTNERSHIP:** Alliance honoring clients expertise. Atmosphere that is conducive not coercive to change
- **EVOCAION:** Client's intrinsic motivation to change. Their own resources and motivation for change
- **COMPASSION:** Actively promoting the other person's welfare and giving priority to their needs
- **ACCEPTANCE:** Absolute worth, autonomy, accurate empathy & affirmation

# For this month's TOM, we will focus on the spirit of Partnership and Evocation.

Partnership is...

- Alliance honoring clients expertise
- Atmosphere that is conducive not coercive to change

Evocation is...

- Client's intrinsic motivation to change
- Their own resources and motivation for change

Please click the link below to view this video on empathy

○ <https://Partnership Video>

# After the video, consider the following questions.

- How would you describe partnership after watching the video?
- How is motivational interviewing not Directive and not Following?
- How would you describe effective Guiding?