

PROSOCIAL BELIEFS

- Don't sweat the small stuff
- Don't think you're better than others
- Respect your elders
- Being polite is important
- It's ok to ask for help
- Everyone makes mistakes
- You can learn from your mistakes
- Nobody's perfect
- There's no such thing as a stupid question
- Better to work than be lazy
- For the most part, people are good and can be trusted
- When I make a mistake, I should admit it
- Character is more important than appearances
- Your reputation is more important than getting ahead
- You can't always get what you want so be happy with what you got
- Never say never
- There's always someone who can do it better or faster
- I can't change my past, but I can control my behavior today
- If someone criticizes me, it does not mean I'm worthless
- You can please some people some of the time. You can please most people some of the time but you can't please all people all of the time

- **Not everyone is going to like me and that's ok**
- **It's not ok to bring shame to the family**
- **Family comes first**
- **There's light at the end of the tunnel**
- **You can make it if you try**
- **Quitters never win**
- **It ain't over until it's over**
- **Do what you can with what you got.**
- **Complaining won't get you anywhere.**
- **It's better to give than to receive**
- **It doesn't hurt to give**
- **It's better to live in harmony**
- **Two heads are better than one.**