JANUARY 2019: TIP OF THE MONTH

PRIORITIZATION

*Prioritizing is a technique designed to involve the client in the decision-making process. Essentially the client is asked to consider the LSI-R Feedback provided to him or her and to choose the starting point for change. This is perhaps the most simple of all motivational strategies and yet it is one that many professionals fail to use.*

*After discussing with the client where they would like to start first, you will target the behavior that needs to change and begin to build your case plan.*